LLM-e Guess: Can LLMs Capabilities Advance Without Hardware Progress?

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This paper examines whether large language model (LLM) capabilities can continue to advance without additional compute by analyzing the development and role of algorithms used in state-of-the-art LLMs. Motivated by regulatory efforts that have largely focused on restricting access to high-performance hardware, we ask: Can LLMs progress in a compute-constrained environment, and how do algorithmic innovations perform under such conditions?

To address these questions, we introduce a novel classification framework that distinguishes between compute-dependent innovations—which yield disproportionate benefits at high compute levels (e.g., the Transformer architecture and mixture-of-experts models) and compute-independent innovations, which improve efficiency across all compute scales (e.g., rotary positional encoding, FlashAttention, or layer normalization). We quantify these contributions using a metric called compute-equivalent gain (CEG), which estimates the additional compute that would be required to achieve similar improvements without these algorithmic advancements.

To validate this framework, we conduct small-scale training experiments with a scaled-down GPT-2 model. Our results confirm that compute-independent advancements yield meaningful performance gains even in resource-constrained settings, with a CEG of up to $3.5\times$ over a baseline model. By contrast, compute-dependent advancements provided little benefit or even degraded performance at the small scale, reinforcing the importance of compute availability for certain algorithmic gains.

These findings indicate that while restrictions on hardware may slow LLM progress, they cannot prevent all gains driven by algorithmic advancements. From a policy perspective, this challenges the assumption that limiting access to compute is a sufficient control mechanism for AI capabilities. Instead, effective governance should also consider monitoring and shaping algorithmic research. Additionally, our framework offers a practical tool for researchers to predict the scalability of algorithmic improvements and optimize experimental design. By clarifying the distinct roles of hardware scaling and algorithmic progress, this study provides insights for AI forecasting, investment strategies, and regulatory approaches in a landscape where progress is increasingly driven by both hardware and algorithms.

I. INTRODUCTION & MOTIVATION

The rapid advancement of Large Language Models (LLMs) has been driven by a few key factors, two of which are increases in computational resources and algorithmic improvements[1–4]. However, the relative interaction between these two drivers remain an open question with significant implications for AI progress, regulation, and forecasting. If new algorithmic advancements require commensurate computational resources, then restricting access to advanced hardware—through export controls or regulatory measures—could meaningfully slow AI development. Conversely, if algorithmic innovations can drive substantial progress even in a compute-limited environment, such restrictions may be far less effective than anticipated.

AI regulation has largely focused on hardware controls, particularly through export restrictions on cutting-edge chips.[5,6] Given that many recent LLM advancements have relied primarily on increasing scale through model size (parameter count), dataset size, and, more recently, inference time,[7] these restrictions prompt two fundamental questions. First, if computational power were frozen at current levels, could we still expect LLMs to continue improving? This speaks to the potential for progress even in a world where access to greater compute is fully restricted. Second, how do algorithmic or architectural advancements transfer between low

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compute and high compute? This question is more practical; rather than assuming perfect enforcement, it considers whether export controls could successfully prevent certain innovations from being leveraged at scale.

Existing research[2,3,8–10] has attempted to estimate the role of algorithmic progress through neural scaling laws, which describe how performance (as measured by the loss on a validation dataset) improves with increasing both the number of parameters and dataset size ("compute"). However, these approaches suffer from two major limitations: scaling laws do not directly measure the contributions of specific algorithmic innovations, nor do they account for possible differences in the efficiency of algorithmic advancements at different compute scales.

To address this, we introduce a new framework that distinguishes between "compute-dependent" and "compute-independent" algorithmic advances (Section II). Compute-dependent advancements yield benefits primarily at high compute levels, whereas compute-independent advancements enhance efficiency across all scales. To quantify the extent to which algorithmic advancements depend on compute, we estimate the compute-equivalent gain (CEG)[2] for each algorithm studied. Through a case study-driven approach, we identify and analyze major algorithmic innovations from the past decade—classifying each as compute-independent/dependent and estimating their CEG. In turn, we validate our framework by performing training experiments with a scaled-down GPT-2 model, varying the use of several chosen algorithms and directly estimating their CEG (Section III B).

Our findings suggest that while many of the most salient innovations in language modeling—such as the transformer architecture and mixture-of-experts models—have been compute-dependent, a large portion of LLM gains can be attributed to critical compute-independent advancements, such as rotary positional embedding (RoPE), FlashAttention, and Layer Normalization. Importantly, the latter innovations improve model efficiency even in resource-constrained settings, suggesting that further discovery of compute-independent algorithms could yield AI progress even in a compute-limited environment. The experimental results further confirm that compute-independent techniques provide measurable performance gains in small-scale LLMs, while compute-dependent methods offer little benefit or even degrade performance at the same compute levels.

Beyond geopolitical concerns, these questions are also central to AI regulation as a whole, particularly in ensuring safe and aligned AI development. If major capability gains can arise from algorithmic improvements alone, then effective governance may require more than just controlling hardware: it may also necessitate monitoring and shaping the trajectory of algorithmic research, a far more challenging task. Many current regulatory frameworks assume compute is the primary bottleneck[11] and focus on restricting access to large-scale infrastructure. However, if algorithmic innovations continue to drive progress independently of hardware, then safety strategies and governance approaches will need to evolve accordingly.

Our findings also have implications for AI forecasting and investment. Many companies and institutions have placed large bets on hardware, assuming that scaling compute will remain the primary driver of future breakthroughs. However, if algorithmic efficiency gains remain significant, AI advancements may occur sooner than expected, even under compute constraints. Understanding whether AI progress is fundamentally hardware-driven or whether algorithmic ingenuity alone can sustain rapid improvements will be crucial for predicting AI's trajectory.

By addressing these questions, this paper provides a clearer framework for policymakers, researchers, and industry leaders. Our findings could inform more robust AI governance strategies—ones that remain relevant not just in today's landscape of export controls and compute thresholds, but in a future where AI progress may be increasingly driven by factors beyond computational resources.

II.   DISSECTING ALGORITHMIC PROGRESS: COMPUTE'S ROLE IN ALGORITHMIC EVOLUTION

To explore the effectiveness of hardware controls, we consider a hypothetical: what if AI research tried to progress without any more hardware? Suppose datacenter construction halted, no new GPUs or TPUs were manufactured, and researchers had to work with current infrastructure—how much further could AI improve? At first glance, it is tempting to assume that progress would slow dramatically, but there is also reason to believe algorithmic advancements could drive significant gains independent of compute increases. Even with fixed hardware, there are still untapped opportunities. Better prompts, more effective evaluation strategies, and optimized architectures could let us achieve more with the same resources.

To quantify this, we look at past algorithmic advancements: how much recent AI progress is due to better algorithms rather than mere compute scaling compute? To this end we use the "compute-equivalent gain" framework, measuring AI advancements that came from algorithmic improvements alone. Individual models, such as DeepSeek-V3, provide concrete data, demonstrating that algorithmic advancements alone can yield substantial improvements, even in a world with frozen compute. This has real-world policy implications. Export controls, for example, are designed to slow AI progress by restricting hardware, but if software improvements continue to drive significant capability gains, how much of a brake can hardware restriction really impose? In this section we explore these questions, aiming to untangle how far AI can go from algorithmic progress alone and whether hardware can truly set limits on LLM advancements.

A.   DeepSeek-V3: A Case Study

As a preliminary case study, we look at DeepSeek-V3, a model that notably required only 2.788M H800 GPU hours for its full training.[12] In comparison, a similar state-of-the-art model, LLaMa 3.1-405B-Instruct, achieved comparable or worse performance with 30.84M GPU hours[13] on superior H100 GPUs.[14] This clearly suggests that, if compute advances were to suddenly stop, algorithmic improvements in model training could still increase capabilities. Perhaps more pertinently, DeepSeek-V3 also demonstrates that export controls cannot completely prevent the targeted countries from developing their own near-frontier AI models.[6,15] Of course, some have cast doubt on whether DeepSeek's training numbers are reliable. Ultimately, however, even DeepSeek CEO stated that "Money has never been the problem for us; bans on shipments of advanced chips are the problem."[16] Either way, the algorithmic advances used in DeepSeek-V3 including multi-headed latent attention, mixture-of-experts architecture, and mixed-precision training[12,17,18]) no doubt contributed to its superior performance. DeepSeek's performance, then, suggests that even the most effective hardware controls cannot completely halt the improvement of LLMs in areas export controls affect.

B.   Quantifying Compute-Equivalent Gain

As previously discussed, both increases in computational resources and hardware capabilities along with algorithmic breakthroughs have enabled the massive increases in LLM capabilities. Prior to the introduction of GPUs in deep learning in the early 2010s, compute levels used in AI increased more slowly than in the last decade or so[3]. Early hardware innovations—notably, NVIDIA's introduction of CUDA in 2006—made it feasible to do general-purpose computing on GPUs, which laid the foundation for modern deep learning's focus on training larger models on larger datasets. Throughout the 2010s, specialized AI hardware, such as Google's Tensor Processing Units (TPUs) (2013–2016), and distributed training frameworks like Microsofts Project Adam (2015) further expanded computational capabilities. By 2018, the emergence of large-scale distributed deep learning, supported by hardware like NVIDIA's Tesla V100 and TPU v3 pods, enabled the training of increasingly complex models.

To understand the interaction between advances in computing resources and algorithmic innovations, we introduce our compute-dependent vs. compute-independent framework, as well as our methodology for estimating CEG.

1. Compute-Independent vs. Compute-Dependent Algorithmic Advances

We classify an algorithmic advance as compute-dependent or compute-independent by comparing the performance of the new algorithm (e.g., training procedure or architectural innovation) to its predecessor (i.e., status quo) algorithm at low and high levels of compute. If an algorithm yields similar performance gains over a previous algorithm at both low and high levels of compute, we interpret it as a compute-independent advance. Alternatively, if an algorithm provides small benefits (or worsens performance) at low compute, but gives large benefits at high compute, we classify it as a compute-dependent advance. Our framework can be summarized using the schema in Table I.

TABLE I. Schematic for understanding compute-independent (I) and compute-dependent (D) algorithmic advances.

	Status Quo Algorithm	New Algorithm (I)	New Algorithm (D)
Low Compute	Slow	Faster	Slow
High Compute	Slow	Faster	Very Fast

We note that these two categories naturally separate algorithms into those that require low levels and high levels of compute for increased performance but do not include algorithms whose *consequence* (rather than prerequisite) is usage of high compute. We thus propose a a third "compute-unlocking" category of algorithms which typically both depend on and enable scaling, such as parallelization frameworks[19,20] or mixed-precision training[21]. These types of algorithms do not generally provide a compute-equivalent gain; instead, their primary benefit is to use compute more effectively and enable scaling. As such, they are less relevant to our thesis, and we accordingly do not discuss them here. Furthermore, we have limited our scope to only algorithms that work during training time, rather than those that augment LLM capabilities at inference time (see Section IV for more discussion of how these may fit into our analysis).

2. Compute-Equivalent Gain

The concept of compute-equivalent gain (CEG) was introduced by Davidson *et al.*[22] as measuring how much additional training compute would have been needed to improve benchmark performance by as much as the post-training enhancement. Concretely, we first estimate compute cost C (in terms of floating point operations, FLOPs) as

$$C \propto \text{Active Parameters Per Step} \times \text{Training Steps}, \tag{1}$$

and, given the compute cost of a baseline model (C_b) and of a equally performant but more efficient model (C_e), we calculate the CEG as

$$\text{CEG} = \frac{C_b}{C_e}. \tag{2}$$

C.   Compute-Dependent Algorithms

1.   Transformer

The single most influential algorithmic advancement in the last decade is undoubtedly the transformer architecture.[23] In fact, some estimates[2] have suggested that the transformer architecture itself accounts for nearly 20% of language modeling improvements since 2015.

The primary mechanism in the transformer is a multi-head self-attention layer. Self-attention allows the transformer model to draw global dependencies between input and output by tracking how each input token affects each of the others (or all previous tokens in causal self-attention) in a constant number of sequential operations. As a result, the time and space complexity of self-attention scale as $O(n^2)$ where n is the number of tokens. Reducing or circumventing this quadratic scaling has therefore been a major focal point of many other algorithms we analyze. Previous state-of-the-art models, such as recurrent neural networks, require $O(n)$ sequential operations to process a length-n input, whereas the transformer architecture can process all tokens simultaneously, enabling greater throughput during training.

While the self-attention ultimately underlies the transformer's capabilities, it requires a large amount of memory to store all the model parameters. Transformers often include multiple encoder or decoder blocks (or both), with each block containing at least a self-attention layer and feed-forward layer. While it is possible that the transformer architecture could have been invented before sufficient compute was available to train models, its benefits accrued only once hardware had advanced sufficiently to hold the models in memory and efficiently perform the self-attention calculations. Previous research has also found that other architectures, like long-short term memory (LSTM), are more efficient than transformers at smaller scales, but the transformer improves as the number of parameters and amount of data increases.[24] These facts together show that the transformer is compute-dependent: its advantages emerge only in much larger models requiring higher levels of compute.

We estimate the CEG of the transformer directly from Vaswani *et al.*[23], which showed that the transformer performed as well as or better than all other state-of-the-art models on English-to-French and English-to-German translation tasks. The most performant English-to-French non-transformer model required 7.7×10^{19} FLOPs to train, compared to the base transformer's 3.3×10^{18}, indicating that the transformer offers at least a 10× CEG. Further, the big transformer with 2.3×10^{19} FLOPs achieved similar performance to the ConvS2S Ensemble at 1.2×10^{21} FLOPs. This would put the transformer's CEG upwards of 50×, which is not unreasonable given previous findings about the transformer's influence relative to other algorithmic improvements.[2]

2.   Sparse Attention

As previously discussed, one of the main drawbacks of the traditional self-attention mechanism is its quadratic complexity with respect to sequence length caused by each token interacting with every other token. While this issue is not of major concern with shorter sequences, it becomes a very pertinent issue once processing long sequences becomes the focus. To combat this problem, sparse attention[25] was introduced to limit the size of the attention window, thereby reducing the mechanism's complexity.

More specifically, given a set $S = S_1, S_2, \ldots, S_n$ where each $S_i \in S$ is the set of indices of inputs that attend to the ith input, traditional self-attention (specifically causal/masked self-attention) defines $S_i = \{j : j \leq i\}$; every previous token affects the next token. Sparse Attention, rather, is only interested in a subset of the indices $S_i \subset \{j : j \leq i\}$ where $|S_i|$ scales with $\sqrt{n}$. To address the possibility of disconnectivity within this attention mechanism, i.e., some tokens not being attended to, each of the p attention heads is set such that for every $j \leq i$ token pair, i can attend to j in $p + 1$ steps. That is, given a sequence $(j, a, b, c, \ldots, i)$, head

1 will ensure j attends to a, head 2 will ensure a attends to b, and so on. This guarantees that at least indirectly, every token can still affect future tokens. Thus, the attention mechanism itself remains intact while having an improved $O(n\sqrt{n})$ time.

Sparse attention demonstrated equivalent or improved performance over standard transformers on various long-sequence modeling tasks, ranging from image generation to NLP tasks (see Section 7 in Child *et al.*[25]). While the compute scale used at the time was lower than what might be used today, we argue that sparse attention's reduced capacity would lead to a degradation in model performance at low compute levels. At these levels, the sequences we use likely are not long enough to truly demonstrate the runtime benefits of sparse attention. Leaning toward more sparsity to combat this means there may not be enough information captured in the smaller sequences, leading to worse performance. On the other hand, if we choose to keep the mechanism more "intact" by favoring less sparsity, we likely will not see much improvement in efficiency. These suggestions are generally borne out by our empirical tests (see Section III B) We therefore classify sparse attention as a compute-dependent advancement.

When trained on the EnWiki8 dataset, the sparse transformer achieved 0.99 bits per dimension, matching that of the state-of-the-art model trained with more than double the number of parameters[25] at half the time-per-iteration (1.33 vs. 0.55). With half the active parameters per step and roughly half the training steps, the sparse transformer's CEG is thus $2 \cdot \frac{1.33}{0.55} = 4.84\times$ of contemporaneous state-of-the-art models.

3. Mixture of Experts

The mixture of experts (MoE) architecture subsumes several variants and algorithmic developments that have been introduced over the last decade, most prominently in the form of the MoE LSTM[26] and Switch Transformer,[27] which we briefly review here. We also discuss the DeepSeekMoE architecture[17] which is employed in DeepSeek-V3 (see Section II A). In essence, the MoE architecture increases the effective number of parameters in an architecture without significantly increasing compute by using a group of individual "expert" models which are combined via a "routing" network. Each expert is activated during a forward pass of the model, depending on the routing network's choice. Because only one (or a few) experts are activated on a given token—even though the architecture typically contains many experts, on the order of dozens to hundreds—the total number of parameters (and hence capabilities) of the model can be very large without increasing the runtime on a given token. Although the general idea dates back to the 1990s[28], practical implementations required innovations in loss functions and computing infrastructure (due to the increased communication requirements). These algorithmic innovations have been critical to the MoE's success in modern LLMs such as DeepSeek-v3.

The LSTM-based MoE model in Shazeer *et al.*[26] employed the expert and routing networks immediately after an LSTM layer, and this scheme was later transferred to transformer architectures where the feedforward network after each self-attention layer is replaced by a MoE layer (see e.g. Figure 2 in Fedus *et al.*[27]). The number of experts activated may be small or even just one,[27] reducing the computation at each step to effectively the cost of a single expert network. The routing network is also encouraged to balance the tokens across the experts using an auxiliary loss function during training, although this has recently been suggested as unnecessary.[17,18]

The MoE architecture increases the effective parameter count of the model without a concomitant increase in compute (FLOPs). In principle, this means that one can scale to larger models with equivalent (or lower) compute requirements, while improving parameter efficiency through specialization. For example, in Fedus *et al.*[27] the authors, holding FLOPs per token constant, compare a smaller transformer model (T5) with 200M parameters against a Switch Transformer with 7B parameters (a $35\times$ difference), finding that the Switch Transformer significantly outperforms the base transformer model on language modeling tasks. We note that even the FLOPs/token in the smallest experiments are approximately 3 orders of magnitude higher than the experiments in the original LSTM version (Figure 2 in Shazeer *et al.*[26]), which observes similar benefits for the MoE layer.

These findings are generally confirmed by DeepSeek's experiments with their DeepSeekMoE architecture,[17] where they successfully train a MoE model at a 2B parameter scale up to 671B parameters (37B activated) with the DeepSeek-V3 model.[12] At the small scale, they find that the 2B parameter model achieves comparable performance with GShard 2.9B,[29] which has $1.5\times$ the expert parameters and computation, while the 16B-parameter model achieves comparable performance with LLaMA2 7B[30] while requiring only 40% of the compute. Together, these findings imply that the MoE architecture produces the majority of its performance gains in large models where one can take advantage of parallelization. At the same time, there is evidence that MoE algorithms are not extremely compute-dependent, given that early practical versions were discovered[26] prior to the massive scaling increases enabled by transformers. Overall, we classify these developments as compute-dependent, as MoE-based models display their largest CEG in the scales over 10^{23} FLOPs, and as a result are primarily deployed as alternatives to the largest dense transformer models (e.g. DeepSeek-v3 vs. Claude 3.5 or GPT-4o).

Based on the 2.788M H800 hours required to train DeepSeek-V3[12] compared to the 30.84M H100 hours to train LLaMa 3.1-405B-Instruct,[13,14] given their similar performance we can estimate the CEG as roughly $11\times$. There are a number of confounding factors, such as DeepSeek's slightly superior benchmark metrics and worse GPUs along with the model's other algorithmic advances in training. Similarly, a FLOP-matched Switch Transformer offers a roughly $7\times$ training speedup (and thus CEG) over a base transformer model[27], falling reasonably close to DeepSeek-V3's CEG and likely representing a realistic estimate for the CEG by MoE architectures. It should be noted, however, that the MoE architecture does not fit cleanly into our CEG framework. Since the total number of parameters is large, but only a subset is active per step, the compute required for a single forward pass is relatively low, while the compute needed to store and manage the entire model remains high. This distinction serves as another reason for our classification of this advancement as compute-dependent.

4. Multi-Query Attention

To reduce memory usage in the attention mechanism, multi-query attention (MQA) modifies standard multi-head attention by having all query heads share the same keys and values.[31] This reduces the KV cache size by a factor of the number of attention heads while maintaining multiple query heads, resulting in comparable model quality to standard multi-head attention. For example, on the WMT14 English-to-German translation task, MQA achieved a BLEU score of 28.5, nearly matching the baseline score of 28.4, with only a slight increase in perplexity (1.439 vs. 1.424).[31]

At the time of its introduction in 2019, MQA was tested primarily on small models where memory constraints were not a major concern. As a result, its benefits were not immediately apparent. However, as model sizes grew, memory efficiency became increasingly important, making MQA a crucial optimization in modern LLMs (including Falcon, PaLM, and StarCoder). We thus classify it as a compute-dependent advancement. Its widespread adoption has been largely driven by the demands of scaling, which further reinforces its classification as a compute-dependent technique.

Interestingly, while the training time with and without MQA remains comparable (13.0 μs vs. 13.2 μs per token), it dramatically reduces the memory bandwidth requirements during inference. The encoder inference time was reduced from 1.7 μs to 1.5 μs per token, while the decoder inference time was reduced from 46 μs to 3.8 μs per token.[31] This gives us a modest CEG estimate of $1.13\times$ for encoder tasks but $12.1\times$ for decoder tasks. MQA is thus particularly valuable for inference-heavy workloads and less important for training itself.

D. Compute-Independent Algorithms

1. Rotary Positional Embedding

The self-attention mechanism models interactions between tokens in a sequence without regard to their order, a property known as permutational equivariance. As a result, the algorithm does not "know" whether a token appears at the beginning or end of a sentence. However, since natural language is inherently sequential, this issue is typically addressed using positional embeddings, which encode information about a tokens location within a sequence.

In the original transformer architecture (Section II C 1), positional embedding was implemented using periodic functions (sines and cosines) with geometrically spaced frequencies up to a fixed maximum sequence length.[23] While simple and efficient, this approach has two major limitations that led to the development of rotary positional embedding (RoPE). First, absolute encoding represents a tokens position in isolation rather than encoding its relative distance to other tokens, making it less effective for capturing relationships in long sequences. Second, the use of a fixed maximum sequence length imposes constraints on how much text the model can process effectively, leading to degradation in quality when modeling long-range dependencies.

To circumvent these issues, RoPE[32] was introduced as a way to model relative sequence positions through rotation matrices rather than additive embeddings. As the name suggests, the positional encoding is generated by rotating the initial token embedding vectors depending on their sequence position and then computing the relative distance by multiplying the two vectors together. Because of the mathematical properties of rotation matrices, the inter-token dependency naturally decays as the sequence distances increase, matching the modeling objectives. Moreover, RoPE can easily be implemented with sparse matrices, requiring no increases in compute compared to an absolute encoding scheme.

RoPE presents a clear example of a compute-independent algorithmic advance, as the improvements can be observed in all scales of transformer architectures. RoPE has been incorporated in many language models after its original publication, and has been further extended to handle even longer sequence lengths (e.g. LongRoPE[33] or AliBi[34]). One can view it as essentially a step improvement in context length; that is, it achieves the same performance for a much larger number of tokens, provides a greater ability to summarize long texts.

We estimate RoPE's compute-equivalent gain directly from benchmarks in the original paper. The RoFormer paper trained BERT (110M base parameters[35]) and RoFormer (65M base parameters) over 100K training steps. Both models exhibited comparable performance on downstream GLEU tasks. Consequently, we estimate the computational cost for each model as $C_{\text{BERT}} = (110 \times 10^6) \cdot (1 \times 10^5) = 1.1 \times 10^{13}$ and $C_{\text{RoFormer}} = (65 \times 10^6) \cdot (1 \times 10^5) = 6.5 \times 10^{12}$. Thus, RoPE's estimated CEG is $\frac{1.1 \times 10^{13}}{6.5 \times 10^{12}} \approx 1.7\times$.

2. FlashAttention

As previously discussed, the self-attention mechanism scales quadratically with the length of the sequence. Such quadratic scaling can easily become prohibitive when handling long sequences required for complex language processing tasks. FlashAttention[36] is an algorithm aimed to improve the efficiency of the attention mechanism by taking advantage of the physical memory layout on the GPUs used for training. In a modern GPU, the computing speeds are significantly faster than the speeds at which data is transferred, meaning that only a fraction of time is actively spent doing the attention calculation during a typical self-attention calculation[37]. In FlashAttention, this difference in speed can be leveraged to compute the attention matrix in chunks, rather than transferring it all at once to and from the slow (but large) GPU memory. The result of these hardware-aware optimizations is approximately a 2–4× speedup compared to the default PyTorch

implementation of attention and enables sequence lengths around 4 times longer than the original. Later iterations of FlashAttention further develop hardware-based optimizations to increase the speed and long-sequence capabilities.[38,39] FlashAttention is now the primary algorithm used in state-of-the-art language modeling due to its performance efficiency and their widespread use of attention mechanisms.

FlashAttention shows time and memory improvements at all sequence lengths tested (see Fig. 3 in Dao[38]). This is also generally true for later generations, suggesting that the algorithmic innovation was largely compute-independent. In this specific case, it appears that algorithmic optimization can significantly reduce compute requirements without sacrificing model accuracy or capabilities. However, we identify two confounding factors in our analysis. First, FlashAttention takes special advantage of the hardware layout found on modern GPUs (specifically the multiple levels of memory between the fast SRAM and slow high bandwidth memory), meaning that it is highly dependent on architectural constraints and, more generally, the ubiquity of GPUs for AI training. The second factor, which arises primarily in comparing the performance of FlashAttention 2 and FlashAttention 3, is slight differences in the implementation of the algorithms, most notably the use of low-precision float point formats such as bfloat16 or FP8.[40] These lower-precision formats have become much more common for accelerating training and inference, making a direct comparison between different FlashAttention variants challenging. In the end, however, the widespread use of FlashAttention in almost all transformer architectures points to the algorithm being primarily untethered from compute increases and therefore compute-independent.

As discussed above, FlashAttention's hardware optimizations offer roughly a 2-4× speedup compared to PyTorch's attention. We take this as our estimate of the FlashAttention's CEG.

3. Layer Normalization

Prior to layer normalization, batch normalization was the standard for training neural networks.[41] Batch normalization consists of computing the mean and variance of each feature within a mini-batch, then using these statistics to normalize each input's features. For natural-language processing (NLP) applications, however, batch normalization can struggle since the mini-batch size is not always fixed, meaning that the computed statistics may be inaccurate estimators. Despite this drawback, batch normalization provides a significant reduction in the training time of neural networks that utilize the technique.

Layer normalization provides training speedups similar to batch normalization but in a more reliable manner for NLP tasks. Rather than using the mean and variance of each minibatch to normalize, it uses the mean and variance of the features within a single input.[41] Layer normalization is therefore not prone to being influenced by the batch size. Additionally, layer normalization empirically yields training speedups, especially when given long sequences or small batch sizes.

Given that layer normalization demonstrated speedups on the much smaller neural networks used in 2016 and is still often used in models today (or is swapped out for similar normalization techniques, such as RMSNorm[42]), this algorithmic advancement falls into the compute-independent category. This is further supported by the fact that the speed-up provided by layer normalization was mathematically proven in Ba et al.[41]; no advances in compute were needed to demonstrate the improvement this algorithm provides.

We estimate the CEG offered by layer normalization directly from the layer normalization paper, which demonstrates the convergence of an LSTM with layer norm occurring 60% faster than without it[41]. Thus, layer normalization's CEG is approximately 1.67×.

E. Results

We summarize our findings in Table II. We see clearly that numerous algorithmic advancements have provided non-trivial increases in compute-equivalent gain, implying that if compute power were to be frozen tomorrow, LLM progress would still continue. Furthermore, this is looking purely at algorithmic progress, ignoring, e.g., the new paradigm in using compute at inference time via chain-of-thought, among other techniques. We additionally observe that compute-dependent advances tend to provide greater compute-equivalent gain than compute-independent advances, suggesting that compute plays a non-trivial role in furthering algorithmic progress.

TABLE II. Summary of estimated CEG for reviewed algorithmic advancements.

Advancement	CEG	Dependent/Independent?
Transformer	10–50×	Dependent
Sparse Attention	4.84×	Dependent
MoE	7–11×	Dependent
MQA	1× for training 1.13× for encoder tasks 12.1× for decoder tasks	Dependent
RoPE	1.7×	Independent
FlashAttention	2–4×	Independent
LayerNorm	1.67×	Independent

III. EMPIRICAL INSIGHTS: EVALUATING ALGORITHMIC GAINS

When an algorithmic advancement improves performance at low compute, whether by enabling smaller models to perform better or reducing the need for extensive training data, how should we expect those gains to translate at large compute scales? Some improvements may scale linearly as model size increases, while others might exhibit nonlinear effects, compounding in unexpected ways. This scaling behavior determines the way each advancement's CEG interacts with compute levels and thus its classification as compute-dependent or compute-independent. In this section, we seek to validate our previous classification of algorithms into these categories.

A. Experimental Details

In order to empirically verify our analysis in Section II, we conducted a series of experiments using small models to measure the effects of different algorithmic improvements. The goal is to understand how these effects extend when scaled to larger models: whether the gains persist, amplify, or plateau. Due to monetary constraints, we were unable to run large-scale experiments; however, we found that the smaller-scale was still large enough to validate our framework.

For these experiments, we chose to train a smaller-scale version of OpenAI's GPT-2 model[43] based on the PyTorch implementation nanoGPT[44]. The hyperparameters for the architecture and training are listed in Table IV. Due to limited computing resources and time constraints, we trained our model on the OpenWebText[45] dataset for a fixed number of iterations (50,000) rather than to convergence, which requires approximately 600,000 iterations for the full-size nanoGPT model. We implemented each algorithm using the native PyTorch libraries (LayerNorm, FlashAttention) or as closely to the original report as possible otherwise (MQA and RoPE). Given the small size of our model, we were unable to implement MoE, so that particular algorithm is left out of our experimental results.

For each experiment, we applied one of the algorithms and measured the model's cross-entropy validation loss after the set number of training iterations. We also record the GPU utilization (or MFU, model FLOP utilization) to compute the total number of FLOPs used during training. We estimate two metrics: the overall performance gain (as measured by the validation loss) after completing training (i.e., after 50,000 iterations), and the compute equivalent gain compared to the baseline model at 25,000 and 50,000 iterations. Specifically, we identify the iteration at which a given algorithm achieves a validation loss equal or lower than the baseline model's loss at 25,000 or 50,000 iterations. We then estimate the (relative) total FLOP usage by multiplying the number of training iterations required by the average MFU (assuming that the MFU is approximately constant during training, which is generally true). Code to reproduce our experiments is available at `https://github.com/tedfoley/nanoGPT`.
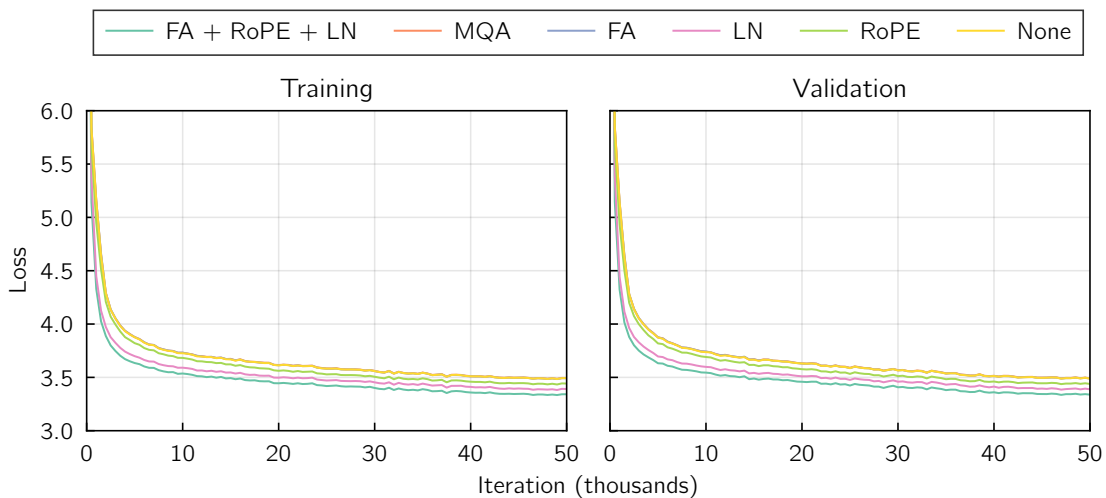
B. Results

FIG. 1. Training and validation loss curves during GPT training experiments across different algorithmic enhancements. Tthe cross-entropy loss was reported every 500 iterations. FA, FlashAttention; LN, LayerNorm.

We summarize our findings in Table III, with training and validation loss curves shown in Figure 1. At 50,000 iterations, both the training and validation losses are decreasing, indicating we have have not yet saturated our model's capacity. We find that compared to the baseline, the only algorithms which show significant CEG at the low-compute scale of our experiment were those that we had categorized as compute-independent: LayerNorm (2.24–2.35) RoPE (1.42–1.54), and FlashAttention (0.71–0.81). FlashAttention yields a CEG gain less than one because the algorithm enables much higher GPU utilization compared to the baseline (15.0% on average vs. 11.3%), making it appear to use more total FLOPs to achieve the same loss. However, due to the increased GPU efficiency, the total training time is reduced by nearly 25%, dropping from 330 min to 250 min. Consequently, we believe FlashAttention still is a compute-independent algorithmic advance since it does not sacrifice absolute performance compared with the baseline and increases efficiency despite nominally requiring more FLOPs.

To achieve the highest possible CEG, we performed a final training experiment with a combination of of FlashAttention, RoPE, and LayerNorm, which resulted in a CEG of 3.03–3.14. Naively multiplying the CEG of each algorithm independently gives us an estimated CEG of 2.37–2.79, demonstrating that at least for these three specific algorithms, each CEG is mostly independent from the others, but that there may be small cooperative effects between them. The compute-dependent algorithm we tested, MQA, performed comparably to the baseline with a CEG of 0.91.

Unfortunately, sparse attention was not included in the experiment due to significant implementation challenges. The native PyTorch implementation involved unnecessary computations that led to unreliable results, and external implementations required custom CUDA kernels or a removal of other optimizations that made this experiment feasible to begin with. Thus, due to the need for training efficiency, we were not able to properly test sparse attention. A naive implementation, however, did result in a CEG of roughly 0.5 (indicating a decrease in performance compared with the baseline), which we note would be consistent with sparse attention being categorized as a compute-dependent algorithm.

TABLE III. Comparison of algorithmic enhancements with their compute-equivalent gains (CEG) and performance metrics during GPT training experiments

Algorithm [a]	Train Loss	Validation Loss	Training Time (min)	Average MFU (%) [b]	Final performance gain	CEG at 25k steps	CEG at 50k steps
Baseline	3.49	3.49	330.01	11.3	–	–	–
LN	3.39	3.39	340.67	11.0	2.18	2.35	2.24
RoPE	3.44	3.44	355.34	10.5	1.32	1.42	1.54
FA	3.49	3.49	250.34	15.0	0.99	0.71	0.81
MQA	3.49	3.49	329.17	11.4	0.98	0.91	$-^c$
LN + RoPE + FA	3.34	3.34	289.51	12.9	3.17	3.14	3.03

[a] FA, FlashAttention; LN, LayerNorm.
[b] MFU: Model FLOP utilization. Computed assuming a maximum bfloat16 FLOPs of 1,979 teraFLOPs on an NVIDIA H100 SXM GPU.
[c] MQA does not achieve a better validation loss than the baseline at 50k steps.

IV. DISCUSSION

Our case-by-case analysis of selected algorithms demonstrates that compute-independent algorithmic advances do exist, but the most impactful algorithmic advancements tend to be compute-dependent (Table II). Moreover, these findings are generally confirmed by our empirical tests: the compute-dependent advances at best did nothing and at worse slightly degraded our small-scale model's performance, whereas the compute-independent advances improved performance at all scales (Table III).

Our compute-dependent vs. compute-independent framework can serve as a useful framework for directing future AI research. If, before testing, researchers hypothesize than an algorithmic advancement is compute-independent, initial experiments could be run at smaller scales to confirm the advancement's helpfulness. On the other hand, if the advancement is hypothesized to be compute-dependent, researchers may be inclined to start with larger-scale experiments, which would likely yield more relevant results. We therefore hope that going forward, this framework can be used to speed up the empirical validation step of the research process.

There are several limitations to our analysis. First, we do not account for the role of datasets in AI advancements, which may be particularly relevant for cases when training on other LLM outputs has been suggested (e.g., DeepSeek). This contrasts with prior work, such as Epoch AI's dataset-equivalent gain estimates[2]. Additionally, we do not consider inference-time improvements or reinforcement learning techniques, such as chain-of-thought prompting[46], reinforcement learning from human feedback[47], or DeepSeek's group-relative policy optimization methods[48], which may further impact LLM capabilities. Another key limitation is our assumption that algorithmic advancements act independently; in reality, they often work synergistically. Our computational study did not test every possible algorithmic combination, though the superior performance of LayerNorm + RoPE + FlashAttention suggests the existence of cooperative effects between algorithms. Similarly, our estimates rely on evaluating algorithms in isolation from state-of-the-art models, whereas modern models integrate multiple advancements (e.g., LayerNorm, RoPE, and MQA, often with modifications like RMSNorm or LongRoPE)[1]. Consequently, our estimates may underestimate the true impact of algorithmic progress.

It is unclear whether recent AI advancements are representative of long-term trends. Epoch AI's research indicates that much of the progress in frontier models has been driven by compute scaling,[3,49] raising the possibility that, as data and hardware availability plateau, future research will prioritize model compression, distillation, or other efficiency-driven methods.[50–53] Additionally, while this study limits its focus to language modeling, our compute-dependent/independent framework could naturally be applied to analyze algorithmic progress in other domains such as computer vision[10] or biological sequence modeling[54]. Although the relative role of compute scaling likely varies, we expect similar trends to hold across different AI subfields.

Finally, we hypothesize why some algorithmic advancements are compute-dependent while others are compute-independent. Among the compute-dependent advancements we analyzed above, we observe that each advancement directly affects the attention mechanism. For example, the transformer architecture introduced the attention mechanism, and in MoE, the attention mechanism is "split" across multiple experts. Conversely, compute-independent advances tend to operate independently of the attention mechanism. (Even though its name suggests otherwise, FlashAttention primarily changes how the algorithm is implemented in the hardware and does not change the mechanism itself.) Our findings therefore suggest that the attention mechanism is the primary compute consumer (which falls in line with its $O(n^2)$ scaling), and that improvements to the mechanism consequently yield the greatest compute-equivalent gains. This in turn suggests that improving the attention mechanism should be a focus of further research.

A. Implications for Policymakers

Past compute-independent algorithmic advances mean that even at lower compute levels, models can be improved through algorithmic innovation alone. Even if the total available compute were to suddenly freeze, researchers could still improve models via compute-independent advances. Hardware controls, while clearly impactful, are no silver bullet. Even if the strictest controls were enacted and enforced, this would not suffice to guarantee continued U.S. AI dominance[6]. DeepSeek-V3 provides a clear example of such a phenomenon (Section II A). At the same time, because the majority of algorithmic progress appears to come from compute-dependent algorithmic advancements, hardware controls may not be entirely futile. (We reiterate here the DeepSeek's CEO's comments on the availability of compute) The biggest capability advances have come from compute-dependent advances, and we see little reason to expect this to change.

To the extent that algorithmic advances that improve the performance of small models also improve the performance of larger models, we also expect research and development to be easier. If results from experiments on smaller models translate to larger models, it will take less compute, researcher hours, and time to iterate, and it will be easier to run many experiments in parallel. If the bar for humans to run experiments is lower, we might also expect the bar for AI agents to run experiments to be lower, and we thus expect AI agents to be especially capable of finding these compute-independent advances.

Though the lower bar means that less-resourced researchers can find compute-independent advances, this also means that better-resourced actors can find more. In this way, organizations which already have access to lots of compute are counterintuitively better positioned to discover new compute-independent advances: they have the resources to search more comprehensively across across the range of possible compute-independent advances, and can likely automate that search more easily than competitors with less computation power and with less-capable agents. Indeed, this approach sounds remarkably similar to the one described by Google's Chief Scientist Jeff Dean during his February 2025 appearance on the Dwarkesh Podcast:

> I think one thing people should be aware of is that the improvements from generation to generation of these models often are partially driven by hardware and larger scale, but equally and perhaps even more so driven by major algorithmic improvements and major changes in the model architecture, the training data mix, and so on, that really makes the model better per FLOP that is applied to the model.... Then I think if we have automated exploration of ideas, we'll be able to vet a lot more ideas and bring them into the actual production training for next generations of these models.

That's going to be really helpful because that's sort of what we're currently doing with a lot of brilliant machine learning researchers: looking at lots of ideas, winnowing ones that seem to work well at small scale, seeing if they work well at medium scale, bringing them into larger scale experiments, and then settling on adding a whole bunch of new and interesting things to the final model recipe. If we can do that 100 times faster through those machine learning researchers just gently steering a more automated search process, rather than hand-babysitting lots of experiments themselves, that's going to be really, really good.[55]

One key consequence of our findings for policymakers who are interested in the most-capable models, then, is that it will be more difficult to define the frontier with pre-training compute alone. Record-breaking quantities of pre-training compute remain sufficient for frontier capabilities, but are less necessary. In addition to model distillation (not discussed here) which let smaller models achieve performance comparable to larger models by training on their outputs, algorithmic improvements could allow models to increase performance without crossing a FLOP threshold.

We are not aware of any meaningful way to address this gap—attempts to monitor or shape algorithmic research are one option, but do not seem politically feasible, even if there did exist the regulatory capacity to do that monitoring. Evaluations may be feasible for particular narrow capabilities,[56] but also remain outside the Overton window and are poor measures of general capabilities.

V. CONCLUSIONS

In this paper, we introduced a novel framework for classifying algorithmic advancements as either compute-dependent or compute-independent, providing a clearer understanding of how LLM capabilities can progress even under hardware constraints. Our empirical validation confirmed that compute-independent innovations like Layer Normalization, RoPE, and FlashAttention yield meaningful performance gains (up to $3.5\times$ compute-equivalent gain) even in resource-constrained settings. On the other hand, the most impactful advancements remain compute-dependent and often attention-focused, suggesting that export controls may slow, but cannot fully prevent, AI progress. Our investigation focused on algorithmic improvements to pretraining, and future work should address advancements in other places, for example, by estimating the compute-equivalent gain from chain-of-thought prompting. Such estimates might give us a more holistic view of the role non-architectural factors play in the increasing performance of frontier models.

ACKNOWLEDGMENTS

Appendix: Supplementary Tables

TABLE IV. Training hyperparameters for experiments compared with GPT-2

Hyperparameter	Original (GPT-2)	Ours
Model Architecture		
Number of layers	12	8
Number of heads	12	8
Embedding dimension	768	512
Block size	1024	512
Dropout	0.0	0.2
Batch Size Configuration		
Batch size	12	64
Gradient accumulation steps	40	8
Total effective batch size	$\sim$491k tokens	$\sim$262k tokens
Training Schedule		
Maximum iterations	600k	50k
Warmup iterations	2000	1000
Learning rate decay iterations	600k	50k
Optimizer		
Learning rate	6×10^{-4}	8×10^{-4}
Minimum learning rate	6×10^{-5}	8×10^{-5}
β_1	0.9	0.9
β_2	0.95	0.95
Gradient clipping value	1.0	1.0
Regularization		
Weight decay	0.1	0.1

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